



## Lunch Bunch Do's and Don'ts

### **Do:**

1. Bring a donation of play items and crafts that the children can play with and enjoy:
  - Hula Hoops
  - Red Balls
  - Soccer balls
  - Basketballs
  - Frisbees
  - Jump Ropes
  - Plastic horse shoe sets
  - Bubbles
  - Craft Items
  - Age Appropriate Board Games
2. Hold an age appropriate book drive at your workplace prior to attending Lunch Bunch.
3. Ask children about their interests, hobbies, etc. (Refer to list of questions for help.)
4. Bring educational materials/activities regarding Health and Nutrition.
- 5. Call or e-mail the FITS Coordinator to find out which items are needed the most at the site you will be attending.**

[contact@uwcentralcoast.org](mailto:contact@uwcentralcoast.org)

**Phone: 805-922-0329 x 105**

### **Don't:**

1. Bring squirt guns or water toys of any kind
2. Bring water balloons
3. Bring candy, baked goods, or any other type of "junk food"
4. Bring anything sticky or messy
5. Display your cellphone or any other electronics that can distract or break